



SEAS High School Confirmation Program, 2025-2026 School Year

2-YEAR PROGRAM OVERVIEW

In the Sacrament of Confirmation, the baptized person is "sealed with the gift of the Holy Spirit" and is strengthened for service to the Body of Christ. Confirmation deepens our baptismal life that calls us to be missionary witnesses of Jesus Christ in our families, society, and the world.

Program Mission: To facilitate and cultivate a personal journey of exploration and formation as disciples of Jesus Christ.

EXPLORE

- * Faith and Reason
- * Small Group Conversations on Faith and Life

FORM

- * Holy Habits (Virtues)
- * Holy Relationships (God, Family, Friends, Church)

DISCIPLE

- * Personal and Communal Prayer and Worship
- * Evangelization and Service

YEARLY PROGRAM REQUIREMENTS

CLASSES + YOUTH NIGHT

- * Catechetical classes are on Sundays from 5:45-7:00 PM
- * Youth Nights are 5:30-7:30 PM with Dinner Provided

2 COMMUNITY NIGHTS

- * Required for both students and parents together
- * Sunday from 6:00-7:30 PM

RETREAT

- * Weekend, overnight retreat from Friday-Sunday
- * Must attend with another parish if cannot attend ours

10 SERVICE HOURS

- * SEAS and Youth Ministry opportunities will be communicated as they arise
- * Other service opportunities from high school, other organizations, etc. may count with approval
- * Must complete and submit "Service" reflection sheet

3 "ENCOUNTER" CREDITS

- * More opportunities to be announced as they arise
- * Events from other parishes or ministries may count with prior approval
- * Must complete and submit "Encounter" reflection sheet

ASSIGNMENTS

- * Saint Project for CON 1
- * Bishop Letters for CON 2

SPONSOR NIGHT

- * Required for both students and sponsors together
- * Sunday, January 25 from 6:00-7:30 PM in Pado Hall

SUNDAY MASS ATTENDANCE

ABSENCE / MAKE-UP POLICY

- * **Only 2 unexcused class absences per year**
- * Unexcused absences must be given with at least a week of notice for approval
- * Excused absences are absences due to a sudden emergency (i.e. illness, family emergency, etc.)
- * All absences must be made up by completing the make-up assignment

Credit for the program year may not be awarded if this policy is not followed.

SACRAMENT INFORMATION

What is Confirmation?

The prophets of the Old Testament foretold that God's Spirit would rest upon the Messiah to sustain his mission. In the Sacrament of Confirmation, the baptized person is "sealed with the gift of the Holy Spirit" and is strengthened for service to the Body of Christ. Confirmation deepens our baptismal life that calls us to be missionary witnesses of Jesus Christ in our families, society, and the world.

SPONSOR INFORMATION

What is a Sponsor?

The sponsor for a Confirmation candidate is meant to provide spiritual help to the candidate. He or she should be willing to serve as a strong and lifelong Christian influence on the candidate. Each candidate may choose only one sponsor who "is to take care that the confirmed person behaves as a true witness of Christ and faithfully fulfills the obligations inherent in this sacrament."

Choosing a Sponsor

Part of preparation for Confirmation is selecting a sponsor. Think of people you know who fully live out their Catholic faith and inspire you in yours. Select someone who is willing and able to become personally involved in your journey.

There are a few requirements the Church asks you to keep in mind when selecting a sponsor. Your sponsor must be a practicing Catholic who (1) is 16 years old or older, (2) has received all three Sacraments of Initiation, and (3) is not your parent.

Key Dates

- Sponsor Form Due: December 14, 2025
- Sponsor Night: Sunday, January 25, 2026 from 6:00-7:30 PM in Pado Hall

PARENT INFORMATION

"Parents have the first responsibility for the education of their children." (CCC)

As parents, you have the primary role in the sacramental preparation process for your child. Your attendance at required events and Sunday Mass is important. In addition, your example, witness, and prayers, especially at home, make a difference in your child's journey towards receiving the Sacrament.

Key Dates

- Retreat Parent Meeting: February 1, 2026 from 5:45-7:00 PM in Pado Hall
- End-of-Year Parent Meeting & Celebration: May 3, 2026 from 5:45-7:00 PM

STUDENT INFORMATION

What is expected of me as a student candidate?

- To approach the Confirmation journey with an open mind and an open heart.
- To attend and participate in all classes and gatherings.
- To attend Mass on Sundays and on all holy days of obligation.
- To accept more responsibility in my family, parish, and community by putting my talents and gifts at the service of others.
- To commit to regular prayer, especially for growth in faith, hope and love

Key Dates

- Due date for CON 1 Saint Project: February 1, 2026
- Due dates for CON 2 Letter to the Bishop
 - Saint Report Portion: December 14, 2025
 - Rough Draft: March 22, 2026
 - Final Draft: April 19, 2026

CLASS RULES

- Respect your catechists, Peer Leaders, and fellow classmates by listening well, following directions, and showing compassion.
- Treat the classroom space and any materials we use with care. Other parishioners and ministries use them too!
- What is shared - ideas, experiences, thoughts, etc. - in the classroom from catechists, Peer Leaders, fellow classmates stays in the classroom.
- Use of phones/technology during class time is not allowed, unless instructed.
- Be on time so that we can start and finish on time.
- Come open and ready to learn, participate, and have fun!

CURRICULUM: LIFE TEEN'S PURPOSE

CON 1

Seeking: What is our Desire?
Reasons: Faith & Reason
Reveal: Is God Real?
Breath: Does Relationship w/ God Matter?
Brokenhearted: Why Is There Evil and Suffering in a World with a Good God?
Fault: Our Goodness and Fall
Prodigal: Why Jesus? (The Incarnation)
More: Why Jesus? (The Life of Jesus)
New: Why Jesus? (The Paschal Mystery)
Transformation: Acts of the Apostles
Foundation: Why be Catholic?

CON 2

Burn: The Holy Spirit in the Church
Source: The Mass and the Eucharist
Enter: The Sacrament of Baptism
Signature: The Sacrament of Confirmation
Called: Foundations of Discipleship
Power: The Holy Spirit in Discipleship
Meaning: Our Vocation
Speak: Witnesses of Faith
Pathway: Morality
United: Social Justice
Nations: Evangelization
My Purpose: Beyond Confirmation

PRAYER TO THE HOLY SPIRIT

Holy Spirit, confirm in me...

God's acceptance and love for me just as I am ... *Holy Spirit, confirm in me.*

The new life of my Baptism when I became a child of God ... *Holy Spirit, confirm in me.*

The words my parents and godparents said on my behalf at Baptism ... *Holy Spirit, confirm in me.*

My closeness to Jesus each time I receive Communion... *Holy Spirit, confirm in me.*

My desire to follow Christ more closely as his disciple ... *Holy Spirit, confirm in me.*

My acts of service and love to my family and friends ... *Holy Spirit, confirm in me.*

The knowledge that God created me for greatness and to be a saint ... *Holy Spirit, confirm in me.*

My desire to pray even when I am not sure how ... *Holy Spirit, confirm in me.*

My desire to turn to God in difficult times ... *Holy Spirit, confirm in me.*

My searching faith, and the strength to stay with my questions ... *Holy Spirit, confirm in me.*

The softening of my hard heart ... *Holy Spirit, confirm in me.*

The assurance that God helps me find second chances ... *Holy Spirit, confirm in me.*

Your peace when I am in conflict ... *Holy Spirit, confirm in me.*

The humility to give and to ask for forgiveness ... *Holy Spirit, confirm in me.*

The courage to face challenges ... *Holy Spirit, confirm in me.*

The desire to care for God's creation ... *Holy Spirit, confirm in me.*

The generosity of heart to stand in justice with the poor ... *Holy Spirit, confirm in me.*

Holy Spirit, you are the giver of many gifts which God wants to give me very personally. Open my heart and my mind as I prepare for Confirmation. Help me to know that you are confirming all the goodness that I am, and all the goodness that I will become. Increase my desire to know and follow Jesus as his disciple with a grateful and courageous heart.

Amen.