
“Don’t let anyone make fun of you, just because you are young. Set an example for other followers by what you say and do, as well as by your love, faith, and purity. Until I arrive be sure to keep on reading the Scriptures in worship, and don’t stop preaching and teaching.”

1 Timothy 4:12-13 (CEV)

Dear Confirmation Candidate,

Youth Ministry and the Confirmation team welcome you to our parish Confirmation preparation journey. The entire parish family supports you in the faith journey you are about to begin.

This is indeed a journey -- one we will take with you as guides and resources. Together with the parish community, we seek to prepare you to receive this Sacrament. Each person’s faith journey is as different as their life story. The preparation you will undertake will reflect your own faith journey.

Your journey will include several components -- faith formation, spiritual growth, Christian service and personal growth. These components meet both the directives of the Bishop of Orange concerning preparation for the Sacrament of Confirmation and the framework for adolescent catechesis developed by the National Federation for Catholic Youth Ministry.

The Bishop has stated that Confirmation is a parish Sacrament. When candidates prepare for this Sacrament, they are telling their parish community of their desire to become affiliated with their own parish. Therefore, confirmation classes are not provided at any Catholic school in the Diocese of Orange. The classes are developed and held at each parish in the Diocese for the candidates in their parish community.

The Bishop’s directives provide the framework for parish programs. These directives include:

- ◆ Regular attendance and participation in Sunday liturgy.
- ◆ Parish based Confirmation catechesis.
- ◆ Retreats
- ◆ Integration into the parish community life.
- ◆ Understanding of the parish liturgical rites.
- ◆ Exposure to the community’s prayer life.
- ◆ Christian service projects.
- ◆ Spiritual guidance.
- ◆ Two-year preparation journey, supported by the active participation of parents and sponsors.

This journal is your companion on your faith journey toward the Sacrament of Confirmation. It is a record of the journey you -- and your parents and sponsor -- will take. It is also a diary of your growth experiences -- reflections written in your own words. The journal is organized into the program’s four major components -- faith formation, spiritual growth, Christian service and personal growth.

The first half of the journal explains the steps you will take and your responsibilities. The second half contains the resources you will need to mark the completion of each step as you walk your spiritual journey.

Journal Instructions

- ◆ This is your journal. Take good care of it. Put your name on the front cover and guard and protect it. You will use it for the next two years.
- ◆ Bring this journal with you to each preparation function you attend – Confirmation Sacramental Preparation series, Religious Education series, Retreats, Youth Worship Experiences, Christian Service Projects, etc.
- ◆ If you lose this journal, you will need to obtain another journal from the Confirmation team for a fee of \$25. ***AND you will be responsible for recreating every record and reflection you already completed and obtaining again all the proper signatures needed on each sheet.***
- ◆ Your reflection responses will become a record of your personal growth experiences. Fill in each thoughtfully and prayerfully. You will share these reflections with your parents, sponsor and Confirmation team leader.
- ◆ If your sponsor lives locally, arrange to meet them at least monthly so they can review and sign your sheets. If your sponsor is outside the local area, Xerox your sheets and mail the copy to them for their review, signature and comments. Have them return the sheets to you. Staple their copy to your original in this journal.
- ◆ Extra reflection pages have been included at the end of this journal for your use to document additional faith experiences and events.

Confirmation, as with all the Sacraments, is a time when you are touched in a special way by God's love. We celebrate with you as you journey forward to proclaim your faith and your desire to strengthen that faith now and throughout your life. We pray this journey will reflect a walk with Jesus that will lead you to a better understanding of your Catholic faith and a deeper appreciation and commitment to your parish community.

Remember that both the Confirmation team and I are always available to assist and walk with you on this sacred faith journey. Please call on us any time you need assistance throughout your journey.

Yours in Christ's Love,

James R. Abowd

James R. Abowd,

Director of Youth Ministries

"My friends, I want you to follow my example and learn from others who closely follow the example we set for you."
Philippians 3:17 (CEV)

Dear Parent or Guardian,

You are an important source of support in your Confirmation candidate's journey. You are asked and encouraged to participate actively in their journey. Begin this participation by reviewing this entire journal with your candidate and familiarizing yourself with the Confirmation Preparation Journey process at our parish.

Parents'/Guardians' Participation

As a Sacrament of initiation, Confirmation calls upon your candidate to model a Catholic faith lifestyle. This lifestyle is formed from the faith modeled in their home. As the Pope has described -- the home is the domestic church of God. This home faith model is the basis for your candidate's faith formation, to imitate and practice in their own life.

Realizing the importance of the home faith model and seeking to provide the greatest understanding of the Sacrament of Confirmation, we and the Bishop of Orange ask parents/guardians to become active in the faith journey of their candidate through:

1. Active participation with your candidate in weekly Sunday Eucharist.
2. Attendance and active participation with your candidate at the monthly parish Confirmation Sacramental Preparation Series.
3. Active participation with your candidate in at least one of their six Christian Service projects.
4. Active participation in this reflection journal by first, entering your own comments, second reviewing your candidates comments, and third signing all records and reflections.
5. Assisting your candidate in the preparation and completion of the Baptismal Registration record.

This journal is your candidate's companion on their faith journey. You are asked to help complete, review and sign the reflection sheets your candidate will fill out for each of the preparation steps found in this journal. Your candidate will need to bring this journal to each function in the preparation process. If the journal is lost, misplaced or stolen it must be replaced for a fee of **\$25 AND the candidate will be responsible for recreating every record and reflection already completed and obtain again all the proper signatures needed on each sheet.**

The Confirmation Team and I stand ready to serve both you and your candidate's needs throughout the journey process. Please do not hesitate to call on us for assistance.

Yours in Christ's Love,

James R. Abowd

James R. Abowd, Director of Youth Ministries
And the Confirmation Team

“Bear one another’s burdens, and so you will fulfill the law of Christ.”

Galatians 6:2 (NAB)

Dear Confirmation Sponsor,

You have been selected by your candidate to share their journey toward the Sacrament of Confirmation because your Catholic faith example represents an important source of support and inspiration in their life. This is truly a great honor, to stand as Christ stood with His apostles sharing His words and works with those Saints.

You are encouraged to actively participate in all phases of your candidates journey toward the Sacrament of Confirmation. We encourage you to begin your participation by reviewing this entire journal with your candidate and familiarizing yourself with the Confirmation Preparation Journey process at our parish.

Sponsor’s Participation

As sponsor you have been chosen to represent the Catholic church to your candidate. Your understanding of the Catholic faith and your willingness to share your Catholic faith with your candidate enriches their journey and assists in their preparation journey and decision process.

As a sponsor, you are encouraged to participate in as many components of the Confirmation journey as possible with your candidate. Consider joining your candidate on their Christian service projects, joining a retreat team when your candidate will be on retreat, taking your candidate to Sunday liturgies with you, thus modeling your own love and desire for the Eucharist and our Catholic faith. You are also encouraged to participate with your candidate in all Confirmation Sacramental Preparation sessions.

Sponsors are required to participate in the following parts of the candidates journey:

1. Attendance and active participation in the final Confirmation Sacramental Preparation session on the Rite of Confirmation, held one month before the Sacrament of Confirmation. During this session you will present your candidate to the parish community, explaining why you agreed to be their sponsor and what growth in faith you witnessed during your candidate’s journey.
2. Review and sign each reflection sheet in this journal prepared by your candidate on a timely basis, at least once a month. This journal includes your candidate’s personal thoughts and reflections toward their reception of the Sacrament of Confirmation.
3. From their reflection responses, you are asked to discuss their thoughts, feelings and growth experiences at least once a month throughout the candidates journey.
4. Attendance and active participation in the Confirmation Liturgy Practice held one or two days before the Confirmation Mass.
5. Attendance and active participation in the Confirmation Mass. This is a most important moment in your candidates faith journey. If you absolutely cannot attend both the practice and the mass, your candidate may elect to have a proxy stand in for you, but this is not recommended since you are their choice as sponsor.

Thank you for agreeing to be a sponsor to your candidate. Now enjoy the journey.

James R. Abowd and the Confirmation Team

Candidate gave me their Sponsor a copy of this letter on (date): _____

Sponsor’s signature: _____ Date: _____

“But I tell you that I am going to do what is best for you. That is why I am going away. The holy spirit cannot come to help you until I leave. But after I am gone, I will send the Spirit to you.”

John 16:7 (CEV)

The Sacrament of Confirmation

Confirmation is one of the three Sacraments of Initiation in our Catholic Church. The other two Initiation Sacraments are Baptism, which brings us into the family of God and Eucharist, which constantly strengthens our relationship with the Body and Blood of our Lord. In the Sacrament of Confirmation the candidate chooses to continue the growth begun in Baptism and strengthened by our consistent weekly reception of the Eucharist.

Through the Sacrament of Confirmation, the Holy Spirit, who was sent by our Lord, Jesus Christ to the Apostles on Pentecost, seals and strengthens your Baptismal vows so that you may bear witness to Jesus Christ and build up His body, the Catholic Church, in faith, hope and love.

Selecting Your Confirmation Sponsor

The choice of a Confirmation sponsor deserves considerable thought. There is a very close relationship between the Sacraments of Confirmation and Baptism. Both ask a member of the community to stand beside the candidate. Both contain the same rites and rituals. The close relationship can be rekindled if you consider one of your Baptismal godparents as your Confirmation sponsor. Your Baptismal godparents, however, should be a significant role model for you today. The Confirmation sponsor needs to be someone who is a Catholic role model for you on a daily basis, someone who will be around to answer your questions now and challenge you to continue to grow in your Catholic faith.

If a Baptismal godparent is not appropriate, then we encourage you to select someone who is currently a significant Catholic role model in your life. The specific requirements of Canon Law for a Confirmation sponsor require that the individual be a confirmed, practicing Catholic and not the candidate's parents.

Your Confirmation Name

The Sacrament of Confirmation seeks to have the candidate confirm the promises pledged by their godparents at Baptism. Because of this close relationship between the Sacraments of Confirmation and Baptism the church recommends and expects candidates to use their Baptismal name for the Sacrament of Confirmation. In years past, candidates were allowed to select a saint's name for Confirmation if the saint's actions were meaningful to the candidate. The church no longer recommends this practice as it seeks to divide the Sacrament of Confirmation from its roots in the Sacrament of Baptism. The Bishop of Orange only recommends this practice when the candidate's baptismal name is not that of a saint.

“...we must get rid of everything that slows us down, especially the sin that just won’t let go. And we must be determined to run the race that is ahead of us. We must keep our eyes on Jesus, who leads us and makes our faith complete.”

Hebrews 12:1-2 (CEV)

The Confirmation Journey – Candidate’s Responsibilities

The components of your Confirmation Preparation Journey follow the ways in which faith is nourished and developed. Together these components move us towards living the Gospel message of Jesus in our daily lives in this world.

I. Faith Formation

Our individual faith is formed from the living model Jesus gave us of a life filled with faith, hope and love. To understand, study and begin to imitate Jesus’ life, you are asked to participate in a two-fold Faith Formation process, composed of Confirmation Sacramental Preparation and Religious Education.

Realizing that each candidate ages and matures on their journey in their own time, this process of faith formation will last a minimum of two years, as outlined by the Bishop of Orange’s directives, allowing each of you walking this journey to move individually toward reception of the Sacrament.

Part One: Confirmation Sacramental Preparation Sessions

These sessions held once a month, generally on the first Sunday of the month, require the attendance and active participation by you and your parent or sponsor. These sessions seek to fulfill several of the Bishop of Orange’s directives including, providing Parish based Confirmation catechesis, providing two-year preparation journey, supported by the active participation of parents and sponsors, integration into the parish community life, and exposure to the community’s prayer life, among others. The session topics for this series include:

Year A: The Journey of Faith

Year B: The Sacraments of Initiation

Part Two: Religious Education Sessions

These sessions held once a month, generally on the second Sunday of the month, seek to continue the faith growth of the candidate through a deeper understanding of our Catholic traditions and our Savior, Jesus Christ. This series fulfills the Bishop’s directives of providing understanding of the parish liturgical rites, spiritual guidance, days of renewal, and exposure to the community’s prayer life. The session topics for this series include:

Year A: The Study of Jesus Christ

Year B: The Study of Catholic Christian Worship

Two options are available to fulfill the Religious Education component in your Confirmation journey. You may attend religious education class for two years at a Catholic high school. Or you may attend the monthly Religious Education sessions at our parish. Regardless of the option selected the reflections pages in this journal must be filled out by all students.

Catholic high school students are encouraged, though not required, to attend the monthly Religious Education sessions as a way of supporting and encouraging other candidates journeying with them toward the Sacrament of Confirmation.

“Then he took the bread, said the blessing, broke it, and gave it to them, saying “This is my body, which will be given for you; do this in memory of me.” And likewise the cup after they had eaten, saying, “This cup is the new covenant in my blood, which will be shed for you.”

Luke 22:19-20(NAB)

II. Spiritual Growth

Part One: Youth Ministry Worship Experience

Faith is a gift planted like a seed in our lives by our loving God. Once planted though, it must be cultivated and watered to grow strong and vibrant in our lives. To cultivate and water the seed of your faith, you are asked to participate **regularly in Sunday liturgy** with the parish community.

The Bishop of Orange gives this directive the highest priority stating regular attendance and participation in Sunday liturgy is the basis for a sacramental life in the Catholic Church.

To provide a greater understanding of the parish liturgical rites, and exposure to the community’s prayer life as directed by the Bishop of Orange, the candidate is required to volunteer to assist in at least one Youth Ministry Worship experience, such as a Youth Ministry Mass, Youth Reconciliation service, Stations of the Cross, or a Prayer service. The Youth Ministry calendar contains many worship experiences throughout the year to fit your individual needs.



Part Two: Youth Ministry Retreat Experience

To nurture your spiritual growth process, you are also asked to participate in at least one Retreat Experience offered by either the parish or your Catholic school. The Youth Ministry calendar features a variety of retreat experiences, lasting from one to three days and scheduled throughout the year.

You are welcomed to attend more than one retreat, and if interested, you may apply to serve as a retreat team student leader after completing at least one retreat. As a retreat team student leader, you assist other team members in the planning and executing of the retreat experience for other students.



“My friends, what good is it to say you have faith, when you don't do anything to show that you really do have faith? Can that kind of faith save you? If you know some one who doesn't have clothes or food, you shouldn't just say, 'I hope all goes well for you. I hope you will be warm and have plenty to eat.' What good is it to say this, unless you do something to help? Faith that doesn't lead us to do good deeds is dead!”

James 2:14-17 (CEV)

III. Christian Service

Jesus lived his life as an example for us all. The poor, the widowed, the orphaned and the oppressed were his constant companions. He sought out both the lost sheep of the house of Israel, and anyone who asked His intercession.

We are called to serve as Jesus did, laying down our lives -- our time, energies and resources -- for the poor, the oppressed, the lost souls of our world. The Bishop of Orange directs us to participate in Christian Service projects that require us to lay down our lives as Jesus did.



You and your parents are asked to participate in individual and Christian service activities during your Confirmation journey. These service projects may involve giving your time to help your family, your parish, your school and your community.

You will be required to document participation in at least six Christian Service projects during your two-year preparation journey. We recommend these projects be spread out over the entire two years, performing a minimum of three projects each year.

You are certainly not limited to just these six projects and may participate in as many as you want. You are encouraged to help plan and execute service projects that are of interest to you. Your parents and sponsor are requested and encouraged to model Christ's life of service by participating with you in at least one service project and as many as they like.

Your parents and sponsor along with your Confirmation team leader will verify your participation in Christian Service projects by signing all Christian Service project reflection sheets provided in this journal as you perform your projects.

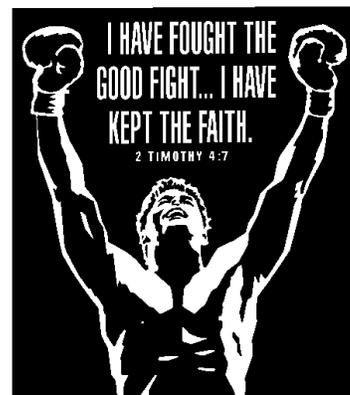
And he said to them, "Thus it is written that the Messiah would suffer and rise from the dead on the third day and that repentance, for the forgiveness of sins, would be preached in his name to all the nation, beginning from Jerusalem. You are witnesses of these things."

Luke 24:46-48 (NAB)

IV. Personal Growth

Part One: Baptismal Registration Record

As Catholics all your Sacraments are permanently recorded by the Catholic Church on your individual permanent Baptismal record. This permanent record of your Sacraments is maintained at the church where you were baptized, "Church of Baptism," unless you were baptized at a hospital or on a college campus. In these two situations your permanent record is maintained at either the closest Catholic Church to the hospital or college campus or at your parent's home parish.



To petition the parish for the Sacrament of Confirmation the parish Office of Youth Ministry must have a current Baptismal certificate on file. Therefore, all candidates are to staple a copy of their current Baptismal certificate to the Baptismal Registration Record, unless you have previously submitted a copy to the Office of Youth Ministry.

To properly record your Sacrament of Confirmation on your permanent Baptismal record we must send a notice of the Sacrament to your Church of Baptism by U.S mail. Information needed to send your notice is requested on the Baptismal Record Form found in this section of the journal. Consult with your parents to get all the necessary details requested by this form. This form must be completed before the end of the first year of Confirmation journey preparation.

Any missing information on this form will prevent the Sacrament from being officially recorded on your permanent Baptismal record. Improper recording could create complications for you later in life should you seek to petition the Catholic Church for the Sacraments of Matrimony or Holy Orders.

Part Two: Confirmation Sponsor Reflection

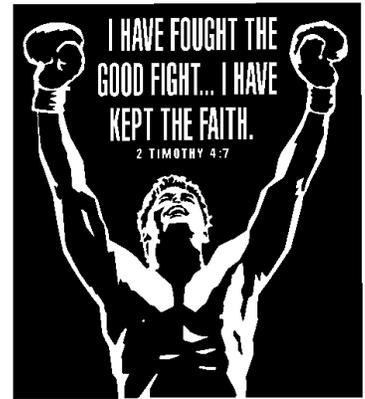
The decision to select a Confirmation sponsor should reflect thought on who in your personal life models for you Catholic Christian morals and actions. Your sponsor is your journey partner, someone who over the next two years, and for the rest of your life you can look toward for answers about your Catholic faith. You are encouraged to select a Confirmation Sponsor as soon as you begin your journey, and no later than the end of your third month of preparation.

In this section of your journal you will have the opportunity to reflect on your decision to select a Confirmation sponsor. This section also provides space for your sponsor to reflect on their decision to walk this journey with you. If your sponsor lives locally, arrange to meet them and have them fill in this reflection sheet. If your sponsor is outside the local area, Xerox this form after you have filled in your section and mail the copy to your sponsor for their comments. Have them return their sheet to you and staple the returned form to your original reflection sheet.

IV. Personal Growth

Part Three: Letter to the Bishop

To confirm your decision to receive the Sacrament of Confirmation at our parish you will be asked to write a personal letter to the Bishop of Orange. In this letter, you will request that the Bishop accept and bestow on you, a fully prepared candidate, the Sacrament of Confirmation at our parish.



The resource section of this journal contains a description of the contents of your letter to the Bishop of Orange. It also contains a “prompt” sheet to help you compose your letter to the Bishop. Use the prompt sheet to gain insight from your parents, sponsor and Confirmation Team leader into your journey and your impending decision.

The Bishop of Orange finds these personal letters to be a most insightful method of understanding the candidate’s journeys and learning about the individual candidates he will confirm. He reads every single letter he receives and comments on many of them by name at the Confirmation liturgy. Take your time to thoughtfully compose your letter, providing the Bishop with insight into both your Confirmation faith journey and yourself.

Part Four: Personal Interview Record

The decision to be confirmed as a Catholic is a very important faith decision on the part of each candidate. To help you understand and fully appreciate your decision, near the end of your preparation process, you will be asked to participate in a personal interview with a priest or his representative and members of the Confirmation team. The Bishop of Orange refers to this as Spiritual guidance. During this interview, you will discuss your decision to petition your parish for the Sacrament of Confirmation and describe some of the noteworthy experiences you undertook during the preparation process.

Your interview will take place after you petition our parish to receive the Sacrament of Confirmation within two months of the date of your Sacrament. To petition our parish for the Sacrament of Confirmation you will need to turn in this completed journal with all pages properly filled out and signed off to your Confirmation team leader. Journals must be turned in two months prior to the parish’s date for the Sacrament of Confirmation. No candidate will be allowed to schedule an interview without submitting a completed journal.

Internet Resources

The following resources are available on the internet to assist in your journey:

Parent and Student resources: <http://www.seasirvine.org> Select appropriate tab under Youth
Catholic Saints Index: <http://www.catholic.org/saints>

I. Faith Formation Journal Resources

Part One: Confirmation Sacramental Preparation Sessions Resource Instructions

For each of the twelve(12) Confirmation Sacramental Preparation sessions held monthly over the two-year preparation period there is a corresponding reflection sheet in this section of your journal. Below is a topic calendar of each session in this entire series.

- At the beginning of each session, find the reflection sheet for that session in your journal pages and sign and date that sheet.
- Complete the sheet thoughtfully and carefully when instructed during the session
- Ask your parent/guardian to complete their portion of the reflection sheet and sign the sheet in the space provided.
- At the end of the session ask your Confirmation team leader to sign and date your sheet.
- Make arrangements during the month following the session for your sponsor to review and sign your reflection sheet.

If You Miss A Session You Cannot Make It Up

First, each session in this component is offered once during the month on generally the first Sunday of the month. Therefore, good planning on your part should greatly reduce the need to miss a session.

Second, the purpose of these sessions is to meet the Bishop of Orange's directives, including:

- ◆ Parish based Confirmation catechesis.
- ◆ Integration into the parish community life.
- ◆ Exposure to the community's prayer life.
- ◆ Days of renewal.
- ◆ Two-year preparation journey, supported by the active participation of parents and sponsors.

Toward these ends it is **not possible** to individually make up a missed session designed to meet the Bishop of Orange's directives stated above. Therefore, if the you and your parent miss more than two(2) sessions in the two-year preparation period, you may be asked by the Confirmation team to repeat an entire year's sessions before receiving the Sacrament of Confirmation

The entire year's calendar is available online at www.seasirvine.org/youth. Plan ahead to focus on these very important dates and avoid any potential timing conflicts.

I. Faith Formation Journal Resources

Part One: Confirmation Sacramental Preparation Sessions Calendar for the Two Years

Resource: *Confirming Faith*, Kieran Sawyer, Ave Maria Press, Notre Dame, IN, 1982

Year A -- The Journey of Faith

November	Session 1	Gift of Faith	Chapter 1
December	Session 2	Faith as a Journey	Chapter 5
January	Session 3	The Bible, part 1	Chapter 9
February	Session 4	The Bible, part 2	Chapter 9
March	Session 5	Our Beliefs, Our Creed	Chapter 10
April	Session 6	Confirmation Rite	Chapter 12

Year B -- The Sacraments of Initiation

November	Session 1	Baptism, part 1	Chapter 1
December	Session 2	Baptism, part 2	Chapter 4
January	Session 3	Eucharist, part 1	Chapter 6
February	Session 4	Eucharist, part 2	Chapter 7
March	Session 5	Confirmation, part 1	Chapter 11
April	Session 6	Confirmation, part 2	Chapter 12



I. Faith Formation Journal Resources

Part One: Confirmation Sacramental Preparation Sessions Reflection Sheet

Year A: The Journey of Faith Session 2: Faith as a Journey

Candidate Signature: _____ Parent Signature: _____

Sponsor Signature: _____ Leader Signature: _____

Date: _____ Today's Scripture: _____

Candidate Reflection on meaning of this lesson in their own life:

Parent Reflection on meaning of this lesson in their own life:

I. Faith Formation Journal Resources

Part One: Confirmation Sacramental Preparation Sessions Reflection Sheet



Year B: The Sacraments of Initiation Session 1: Baptism, part 1

Candidate Signature: _____ Parent Signature: _____

Sponsor Signature: _____ Leader Signature: _____

Date: _____ Today's Scripture: _____

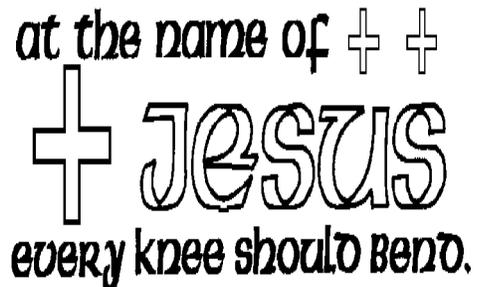
Candidate Reflection on meaning of this lesson in their own life:

Parent Reflection on meaning of this lesson in their own life:

I. Faith Formation Journal Resources

Part Two: Religious Education Sessions

Resource Instructions



For each of the twelve(12) Religious Education sessions there is a corresponding reflection sheet in this section of your journal. Below is a calendar of the entire Religious Education series.

- At the beginning of each session, find the reflection sheet for that session in your journal pages and sign and date that sheet.
- Complete the sheet thoughtfully and carefully when instructed during the session
- At the end of the session ask your Confirmation team leader to sign and date your sheet.
- When you get home ask your parent/guardian to review and sign your sheet
- Make arrangements during the month following the session for your sponsor to review and sign your reflection sheet.
- If you are a Catholic School student opting not to attend a particular monthly Religious education session then you must still fill in the respective journal page for that month's lesson in the following manner: For each monthly session you miss you must fill in one of these journal pages with at least three paragraphs describing the topic of your religion class lessons for that month.

If You Miss a Session You Can Make It Up

If you cannot attend a particular session, you are responsible for completing the lesson, which can be found online at www.seasirvine.org/youth with your parent or sponsor on your own in the following manner:

- Read the lesson and share it with your parent/guardian or sponsor.
- Answer all the questions in each section at the end of the lesson, recording the answers on the lesson's corresponding reflection sheet in this journal.
- Ask your parent/guardian to review and sign the sheet in the space provided.
- Ask your Confirmation team leader to review and sign the sheet the next time you attend class.
- Make arrangements for your sponsor to review and sign your reflection sheet.

If you are unable to complete all the assignments by the end of the program year you may be asked by the Confirmation Team to repeat the entire year's lessons before receiving the Sacrament of Confirmation.

I. Faith Formation Journal Resources
Part Two: Religious Education Sessions
Calendar for the Two Years

at the name of + +
 + JESUS
 every knee should bend.

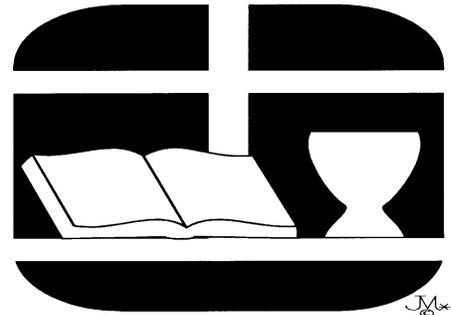
Year A -- The Study of Jesus

Resource: *Jesus, Time of Life Learning Series*, Trevor Shannon,
 Twenty-Third Publications, Mystic, CT, 1985

October	Session 1	Who is Jesus?	Chapter 1
November	Session 2	Palestine in the Time of Jesus	Chapter 2
		A Visit to Jerusalem	Chapter 3
January	Session 3a	Did Jesus Really Exist	Chapter 4
	Session 3b	The Work of Jesus - What He Did	Chapter 5
February	Session 4	The Work of Jesus - What He Said	Chapter 6
March	Session 5	Suffering and Death of Jesus	Chapter 7
April	Session 6	What Happened Next?	Chapter 8
		The Impact of Jesus	Chapter 9

Year B -- The Study of Christian Worship

Resource: *Christian Worship, Time of Life Series*, John Rankin,
 Twenty-Third Publications, Mystic, CT, 1985



October	Session 1	Worship	Chapter 1
November	Session 2	Eucharist	Chapter 2
January	Session 3a	Private Prayer	Chapter 3
	Session 3b	Traditional Rites	Chapter 4
February	Session 4	Times and Places	Chapter 5
March	Session 5	Styles of Worship	Chapter 6
April	Session 6a	Christian Ministers	Chapter 7
	Session 6b	The Meaning of Christian Worship	Chapter 8

I. Faith Formation Journal Resources
Part Two: Religious Education Sessions
Reflection Sheet

at the name of + +
+ JESUS
every knee should BEND.

Year A: The Study of Jesus
Session 1: Chapter 1 “Who is Jesus?”

Candidate Signature: _____ Parent Signature: _____

Sponsor Signature: _____ Leader Signature: _____

Date: _____ Today’s Scripture: _____

Section #1:

Section #2:

Section #3:

I. Faith Formation Journal Resources
Part Two: Religious Education Sessions
Reflection Sheet

at the name of + +
+ JESUS
every knee should BEND.

Year A: The Study of Jesus
Session 2: Chapter 2 “Palestine in the
Time of Jesus”
Chapter 3 “A Visit to Jerusalem”

Candidate Signature: _____ Parent Signature: _____

Sponsor Signature: _____ Leader Signature: _____

Date: _____ Today’s Scripture: _____

Section #1:

Section #2:

Section #3:

I. Faith Formation Journal Resources
Part Two: Religious Education Sessions
Reflection Sheet

at the name of + +
+ JESUS
every knee should bend.

Year A: The Study of Jesus
Session 3a: Chapter 4 “Did Jesus Really Exist?”

Candidate Signature: _____ Parent Signature: _____

Sponsor Signature: _____ Leader Signature: _____

Date: _____ Today's Scripture: _____

Section #1:

Section #2:

Section #3:

I. Faith Formation Journal Resources
Part Two: Religious Education Sessions
Reflection Sheet

Year A: The Study of Jesus
Session 3b: Chapter 5 “The Work of Jesus
- What He Did”

at the name of + +
+ JESUS
every knee should BEND.

Candidate Signature: _____ Parent Signature: _____

Sponsor Signature: _____ Leader Signature: _____

Date: _____ Today's Scripture: _____

Section #1:

Section #2:

Section #3:

I. Faith Formation Journal Resources
Part Two: Religious Education Sessions
Reflection Sheet

at the name of + +
+ JESUS
every knee should BEND.

Year A: The Study of Jesus
Session 4: Chapter 6 “The Work of Jesus
- What He Said”

Candidate Signature: _____ Parent Signature: _____

Sponsor Signature: _____ Leader Signature: _____

Date: _____ Today's Scripture: _____

Section #1:

Section #2:

Section #3:

I. Faith Formation Journal Resources
Part Two: Religious Education Sessions
Reflection Sheet

at the name of + +
+ JESUS
every knee should BEND.

Year A: The Study of Jesus
Session 5: Chapter 7 “Suffering and
Death of Jesus”

Candidate Signature: _____ Parent Signature: _____

Sponsor Signature: _____ Leader Signature: _____

Date: _____ Today’s Scripture: _____

Section #1:

Section #2:

Section #3:

I. Faith Formation Journal Resources
Part Two: Religious Education Sessions
Reflection Sheet

at the name of + +
+ JESUS
every knee should BEND.

Year A: The Study of Jesus
Session 6: Chapter 8 “What Happened Next”
Chapter 9 “The Impact of Jesus”

Candidate Signature: _____ Parent Signature: _____

Sponsor Signature: _____ Leader Signature: _____

Date: _____ Today’s Scripture: _____

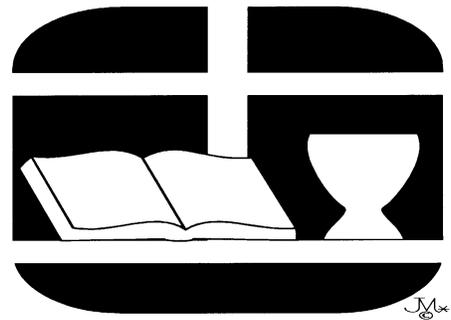
Section #1:

Section #2:

Section #3:

I. Faith Formation Journal Resources

Part Two: Religious Education Sessions Reflection Sheet



Year B: The Study of Christian Worship Session 2: Chapter 2 “Eucharist”

Candidate Signature: _____ Parent Signature: _____

Sponsor Signature: _____ Leader Signature: _____

Date: _____ Today's Scripture: _____

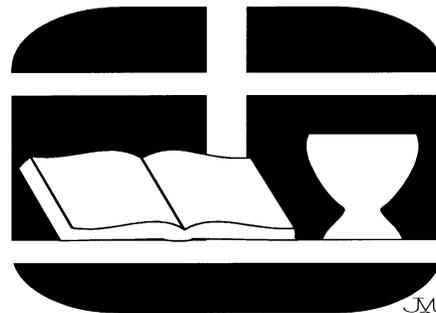
Section #1:

Section #2:

Section #3:

I. Faith Formation Journal Resources

Part Two: Religious Education Sessions Reflection Sheet



Year B: The Study of Christian Worship Session 3a: Chapter 3 "Private Prayer"

Candidate Signature: _____ Parent Signature: _____

Sponsor Signature: _____ Leader Signature: _____

Date: _____ Today's Scripture: _____

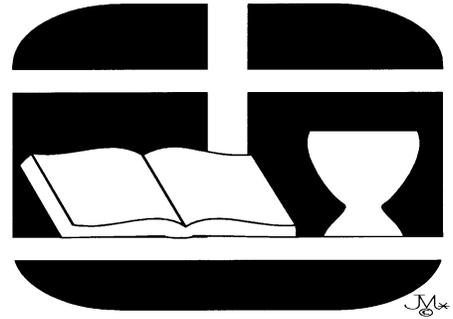
Section #1:

Section #2:

Section #3:

I. Faith Formation Journal Resources

Part Two: Religious Education Sessions Reflection Sheet



Year B: The Study of Christian Worship Session 3b: Chapter 4 “Traditional Rites”

Candidate Signature: _____ Parent Signature: _____

Sponsor Signature: _____ Leader Signature: _____

Date: _____ Today's Scripture: _____

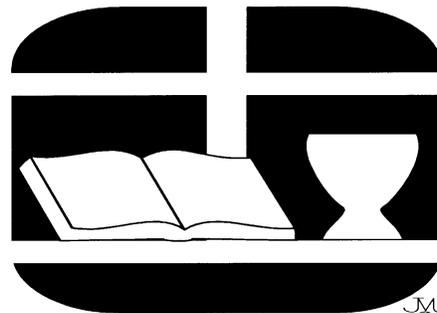
Section #1:

Section #2:

Section #3:

I. Faith Formation Journal Resources

Part Two: Religious Education Sessions Reflection Sheet



Year B: The Study of Christian Worship Session 4: Chapter 5 "Times and Places"

Candidate Signature: _____ Parent Signature: _____

Sponsor Signature: _____ Leader Signature: _____

Date: _____ Today's Scripture: _____

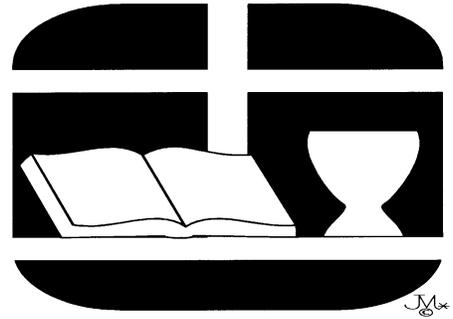
Section #1:

Section #2:

Section #3:

I. Faith Formation Journal Resources

Part Two: Religious Education Sessions Reflection Sheet



Year B: The Study of Christian Worship Session 5: Chapter 6 “Styles of Worship”

Candidate Signature: _____ Parent Signature: _____

Sponsor Signature: _____ Leader Signature: _____

Date: _____ Today's Scripture: _____

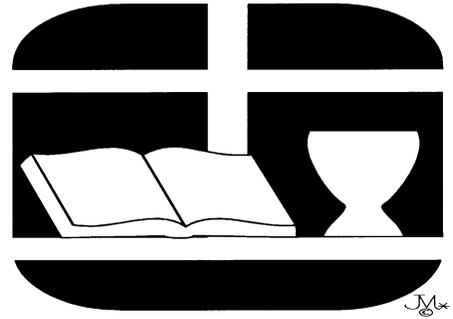
Section #1:

Section #2:

Section #3:

I. Faith Formation Journal Resources

Part Two: Religious Education Sessions Reflection Sheet



Year B: The Study of Christian Worship Session 6a: Chapter 7 “Christian Ministers”

Candidate Signature: _____ Parent Signature: _____

Sponsor Signature: _____ Leader Signature: _____

Date: _____ Today’s Scripture: _____

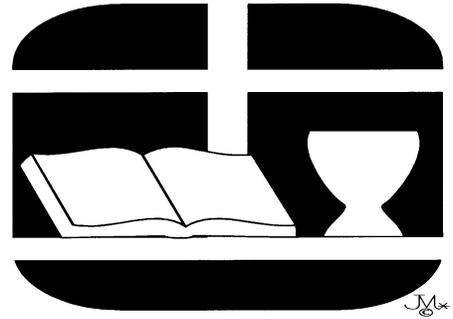
Section #1: _____

Section #2: _____

Section #3: _____

I. Faith Formation Journal Resources

Part Two: Religious Education Sessions Reflection Sheet



Year B: The Study of Christian Worship Session 6b: Chapter 8 “The Meaning of Christian Worship”

Candidate Signature: _____ Parent Signature: _____

Sponsor Signature: _____ Leader Signature: _____

Date: _____ Today’s Scripture: _____

Section #1:

Section #2:

Section #3:

II. Spiritual Growth Journal Resources

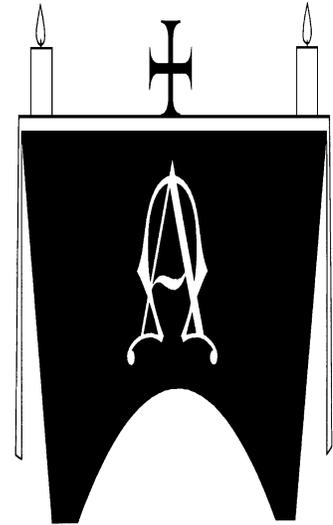
Part One: Youth Ministry Worship Experience Resource Instructions

This section contains a reflection sheet for your Youth Ministry Worship experience. You are required to volunteer to assist in at least one Worship experience at your parish during your two-year Confirmation journey. This experience can be a Regular Sunday Liturgy, Youth Ministry Liturgy, Reconciliation Service, Prayer Service, Stations of the Cross, Passion Play or many other opportunities.

Your participation must be an active role such as a reader, altar server, usher, gift bearer, actor, dancer, planner. Always refer to the most recent calendars and upcoming events to determine upcoming worship experiences.

Additional reflection sheets are included at the end of this journal for other worship experiences you participate in during your two-year Confirmation journey.

- Locate the proper Youth Ministry Worship experience reflection sheet and sign and date sheet with the day you actively participated in the experience.
- Complete your reflection sheet thoughtfully and carefully.
- Ask your parent/guardian to review and sign your sheet.
- Ask a member of the Youth Ministry Worship team to sign your sheet.
- Make arrangements for your sponsor to review and sign your sheet as well.



II. Spiritual Growth Journal Resources

Part Two: Youth Ministry Retreat Experience Resource Instructions



This section contains a reflection sheet for your Retreat experience. For your own spiritual growth you are asked to participate in at least one retreat experience during your two-year Confirmation journey offered by either the parish or your Catholic school. The Youth Ministry calendar features a variety of retreat experiences, lasting from one to three days and scheduled throughout the year. Always refer to the most recent calendars and upcoming events to determine upcoming retreat experiences.

You are welcome to attend more than one retreat, and if interested, you may apply to serve as a retreat team student leader after completing at least one retreat. As a retreat team student leader, you assist other team members in planning and executing the retreat experience for other students.

Additional reflection sheets are included at the end of this journal for additional retreat experiences you participate in during your two-year Confirmation journey.

- Locate the proper Retreat experience reflection sheet and sign and date your sheet with the dates you participated in the retreat.
- Complete the sheet thoughtfully and carefully.
- Ask your parent/guardian to review and sign your sheet.
- Ask your Retreat team leader to sign your sheet.
- Make arrangements for your sponsor to review and sign your sheet as well.

III. Christian Service Journal Resources

Resource Instructions

Through Christian service we become Christ's hands and feet on earth. You are asked to participate in a minimum of six(6) service projects during your two-year Confirmation journey. We encourage you to become involved in as many service projects as you are able. Additional reflection pages are included at the end of this journal to document other service project experiences.



- Locate the proper reflection sheet and sign and date the sheet with the date you actively participated in the service experience.
- Complete your reflection sheet thoughtfully and carefully.
- Ask your parent/guardian to review and sign your reflection sheet.
- Ask your Confirmation team leader to sign and date your sheet.
- Make arrangements for your sponsor to review and sign each sheet.
- Update the summary below as you complete each project.

#	<i>Project Description</i>	<i>Date</i>	<i>Reflection sheet completed</i>
#1			
#2			
#3			
#4			
#5			
#6			
#7			
#8			
#9			
#10			
#11			
#12			

III. Christian Service Journal Resources

Reflection Sheet

Project #1



Candidate Signature: _____

Parent Signature: _____

Sponsor Signature: _____

Confirmation Team Leader Signature: _____

Date of Service Project: _____

Project Description:

What I did: _____

Where I did it (location): _____

How long did it take: _____

The group I worked with was: (circle all that apply) _____

Church Family School Community Other: _____

Why I participated in this project: _____

Which words describe your feelings before this experience? (circle all that apply)

Scared	Nervous	Disgusted	Lost	Out of Place
Pity	Interested	Excited	Helpful	Used
Wanted	Mad	Needed	Hurt	Appreciated
Afraid	Different	Blessed	Thankful	Loved

Which words describe your feelings after this experience? (circle all that apply)

Scared	Nervous	Disgusted	Lost	Out of Place
Pity	Interested	Excited	Helpful	Used
Wanted	Mad	Needed	Hurt	Appreciated
Afraid	Different	Blessed	Thankful	Loved

My Reflections on what I learned serving as the hands and feet of Christ on earth:

III. Christian Service Journal Resources

Reflection Sheet

Project #2



Candidate Signature: _____

Parent Signature: _____

Sponsor Signature: _____

Confirmation Team Leader Signature: _____

Date of Service Project: _____

Project Description:

What I did: _____

Where I did it (location): _____

How long did it take: _____

The group I worked with was: (circle all that apply) _____

Church Family School Community Other: _____

Why I participated in this project: _____

Which words describe your feelings before this experience? (circle all that apply)

Scared	Nervous	Disgusted	Lost	Out of Place
Pity	Interested	Excited	Helpful	Used
Wanted	Mad	Needed	Hurt	Appreciated
Afraid	Different	Blessed	Thankful	Loved

Which words describe your feelings after this experience? (circle all that apply)

Scared	Nervous	Disgusted	Lost	Out of Place
Pity	Interested	Excited	Helpful	Used
Wanted	Mad	Needed	Hurt	Appreciated
Afraid	Different	Blessed	Thankful	Loved

My Reflections on what I learned serving as the hands and feet of Christ on earth:

III. Christian Service Journal Resources

Reflection Sheet

Project #3



Candidate Signature: _____

Parent Signature: _____

Sponsor Signature: _____

Confirmation Team Leader Signature: _____

Date of Service Project: _____

Project Description:

What I did: _____

Where I did it (location): _____

How long did it take: _____

The group I worked with was: (circle all that apply) _____

Church Family School Community Other: _____

Why I participated in this project: _____

Which words describe your feelings before this experience? (circle all that apply)

- | | | | | |
|--------|------------|-----------|----------|--------------|
| Scared | Nervous | Disgusted | Lost | Out of Place |
| Pity | Interested | Excited | Helpful | Used |
| Wanted | Mad | Needed | Hurt | Appreciated |
| Afraid | Different | Blessed | Thankful | Loved |

Which words describe your feelings after this experience? (circle all that apply)

- | | | | | |
|--------|------------|-----------|----------|--------------|
| Scared | Nervous | Disgusted | Lost | Out of Place |
| Pity | Interested | Excited | Helpful | Used |
| Wanted | Mad | Needed | Hurt | Appreciated |
| Afraid | Different | Blessed | Thankful | Loved |

My Reflections on what I learned serving as the hands and feet of Christ on earth:

III. Christian Service Journal Resources

Reflection Sheet

Project #4



Candidate Signature: _____

Parent Signature: _____

Sponsor Signature: _____

Confirmation Team Leader Signature: _____

Date of Service Project: _____

Project Description:

What I did: _____

Where I did it (location): _____

How long did it take: _____

The group I worked with was: (circle all that apply) _____

Church Family School Community Other: _____

Why I participated in this project: _____

Which words describe your feelings before this experience? (circle all that apply)

Scared	Nervous	Disgusted	Lost	Out of Place
Pity	Interested	Excited	Helpful	Used
Wanted	Mad	Needed	Hurt	Appreciated
Afraid	Different	Blessed	Thankful	Loved

Which words describe your feelings after this experience? (circle all that apply)

Scared	Nervous	Disgusted	Lost	Out of Place
Pity	Interested	Excited	Helpful	Used
Wanted	Mad	Needed	Hurt	Appreciated
Afraid	Different	Blessed	Thankful	Loved

My Reflections on what I learned serving as the hands and feet of Christ on earth:

III. Christian Service Journal Resources

Reflection Sheet

Project #5



Candidate Signature: _____

Parent Signature: _____

Sponsor Signature: _____

Confirmation Team Leader Signature: _____

Date of Service Project: _____

Project Description:

What I did: _____

Where I did it (location): _____

How long did it take: _____

The group I worked with was: (circle all that apply) _____

Church Family School Community Other: _____

Why I participated in this project: _____

Which words describe your feelings before this experience? (circle all that apply)

- | | | | | |
|--------|------------|-----------|----------|--------------|
| Scared | Nervous | Disgusted | Lost | Out of Place |
| Pity | Interested | Excited | Helpful | Used |
| Wanted | Mad | Needed | Hurt | Appreciated |
| Afraid | Different | Blessed | Thankful | Loved |

Which words describe your feelings after this experience? (circle all that apply)

- | | | | | |
|--------|------------|-----------|----------|--------------|
| Scared | Nervous | Disgusted | Lost | Out of Place |
| Pity | Interested | Excited | Helpful | Used |
| Wanted | Mad | Needed | Hurt | Appreciated |
| Afraid | Different | Blessed | Thankful | Loved |

My Reflections on what I learned serving as the hands and feet of Christ on earth:

III. Christian Service Journal Resources

Reflection Sheet

Project #6



Candidate Signature: _____

Parent Signature: _____

Sponsor Signature: _____

Confirmation Team Leader Signature: _____

Date of Service Project: _____

Project Description:

What I did: _____

Where I did it (location): _____

How long did it take: _____

The group I worked with was: (circle all that apply) _____

Church Family School Community Other: _____

Why I participated in this project: _____

Which words describe your feelings before this experience? (circle all that apply)

Scared	Nervous	Disgusted	Lost	Out of Place
Pity	Interested	Excited	Helpful	Used
Wanted	Mad	Needed	Hurt	Appreciated
Afraid	Different	Blessed	Thankful	Loved

Which words describe your feelings after this experience? (circle all that apply)

Scared	Nervous	Disgusted	Lost	Out of Place
Pity	Interested	Excited	Helpful	Used
Wanted	Mad	Needed	Hurt	Appreciated
Afraid	Different	Blessed	Thankful	Loved

My Reflections on what I learned serving as the hands and feet of Christ on earth:

III. Christian Service Journal Resources

Reflection Sheet

Project #7



Candidate Signature: _____

Parent Signature: _____

Sponsor Signature: _____

Confirmation Team Leader Signature: _____

Date of Service Project: _____

Project Description:

What I did: _____

Where I did it (location): _____

How long did it take: _____

The group I worked with was: (circle all that apply) _____

Church Family School Community Other: _____

Why I participated in this project: _____

Which words describe your feelings before this experience? (circle all that apply)

Scared	Nervous	Disgusted	Lost	Out of Place
Pity	Interested	Excited	Helpful	Used
Wanted	Mad	Needed	Hurt	Appreciated
Afraid	Different	Blessed	Thankful	Loved

Which words describe your feelings after this experience? (circle all that apply)

Scared	Nervous	Disgusted	Lost	Out of Place
Pity	Interested	Excited	Helpful	Used
Wanted	Mad	Needed	Hurt	Appreciated
Afraid	Different	Blessed	Thankful	Loved

My Reflections on what I learned serving as the hands and feet of Christ on earth:

III. Christian Service Journal Resources

Reflection Sheet

Project #8



Candidate Signature: _____

Parent Signature: _____

Sponsor Signature: _____

Confirmation Team Leader Signature: _____

Date of Service Project: _____

Project Description:

What I did: _____

Where I did it (location): _____

How long did it take: _____

The group I worked with was: (circle all that apply) _____

Church Family School Community Other: _____

Why I participated in this project: _____

Which words describe your feelings before this experience? (circle all that apply)

- | | | | | |
|--------|------------|-----------|----------|--------------|
| Scared | Nervous | Disgusted | Lost | Out of Place |
| Pity | Interested | Excited | Helpful | Used |
| Wanted | Mad | Needed | Hurt | Appreciated |
| Afraid | Different | Blessed | Thankful | Loved |

Which words describe your feelings after this experience? (circle all that apply)

- | | | | | |
|--------|------------|-----------|----------|--------------|
| Scared | Nervous | Disgusted | Lost | Out of Place |
| Pity | Interested | Excited | Helpful | Used |
| Wanted | Mad | Needed | Hurt | Appreciated |
| Afraid | Different | Blessed | Thankful | Loved |

My Reflections on what I learned serving as the hands and feet of Christ on earth:

III. Christian Service Journal Resources

Reflection Sheet

Project #9



Candidate Signature: _____

Parent Signature: _____

Sponsor Signature: _____

Confirmation Team Leader Signature: _____

Date of Service Project: _____

Project Description:

What I did: _____

Where I did it (location): _____

How long did it take: _____

The group I worked with was: (circle all that apply) _____

Church Family School Community Other: _____

Why I participated in this project: _____

Which words describe your feelings before this experience? (circle all that apply)

- | | | | | |
|--------|------------|-----------|----------|--------------|
| Scared | Nervous | Disgusted | Lost | Out of Place |
| Pity | Interested | Excited | Helpful | Used |
| Wanted | Mad | Needed | Hurt | Appreciated |
| Afraid | Different | Blessed | Thankful | Loved |

Which words describe your feelings after this experience? (circle all that apply)

- | | | | | |
|--------|------------|-----------|----------|--------------|
| Scared | Nervous | Disgusted | Lost | Out of Place |
| Pity | Interested | Excited | Helpful | Used |
| Wanted | Mad | Needed | Hurt | Appreciated |
| Afraid | Different | Blessed | Thankful | Loved |

My Reflections on what I learned serving as the hands and feet of Christ on earth:

III. Christian Service Journal Resources

Reflection Sheet

Project #10



Candidate Signature: _____

Parent Signature: _____

Sponsor Signature: _____

Confirmation Team Leader Signature: _____

Date of Service Project: _____

Project Description:

What I did: _____

Where I did it (location): _____

How long did it take: _____

The group I worked with was: (circle all that apply) _____

Church Family School Community Other: _____

Why I participated in this project: _____

Which words describe your feelings before this experience? (circle all that apply)

Scared	Nervous	Disgusted	Lost	Out of Place
Pity	Interested	Excited	Helpful	Used
Wanted	Mad	Needed	Hurt	Appreciated
Afraid	Different	Blessed	Thankful	Loved

Which words describe your feelings after this experience? (circle all that apply)

Scared	Nervous	Disgusted	Lost	Out of Place
Pity	Interested	Excited	Helpful	Used
Wanted	Mad	Needed	Hurt	Appreciated
Afraid	Different	Blessed	Thankful	Loved

My Reflections on what I learned serving as the hands and feet of Christ on earth:

III. Christian Service Journal Resources

Reflection Sheet

Project #11



Candidate Signature: _____

Parent Signature: _____

Sponsor Signature: _____

Confirmation Team Leader Signature: _____

Date of Service Project: _____

Project Description:

What I did: _____

Where I did it (location): _____

How long did it take: _____

The group I worked with was: (circle all that apply) _____

Church Family School Community Other: _____

Why I participated in this project: _____

Which words describe your feelings before this experience? (circle all that apply)

Scared Nervous Disgusted Lost Out of Place

Pity Interested Excited Helpful Used

Wanted Mad Needed Hurt Appreciated

Afraid Different Blessed Thankful Loved

Which words describe your feelings after this experience? (circle all that apply)

Scared Nervous Disgusted Lost Out of Place

Pity Interested Excited Helpful Used

Wanted Mad Needed Hurt Appreciated

Afraid Different Blessed Thankful Loved

My Reflections on what I learned serving as the hands and feet of Christ on earth:

III. Christian Service Journal Resources

Reflection Sheet

Project #12



Candidate Signature: _____

Parent Signature: _____

Sponsor Signature: _____

Confirmation Team Leader Signature: _____

Date of Service Project: _____

Project Description:

What I did: _____

Where I did it (location): _____

How long did it take: _____

The group I worked with was: (circle all that apply) _____

Church Family School Community Other: _____

Why I participated in this project: _____

Which words describe your feelings before this experience? (circle all that apply)

Scared	Nervous	Disgusted	Lost	Out of Place
Pity	Interested	Excited	Helpful	Used
Wanted	Mad	Needed	Hurt	Appreciated
Afraid	Different	Blessed	Thankful	Loved

Which words describe your feelings after this experience? (circle all that apply)

Scared	Nervous	Disgusted	Lost	Out of Place
Pity	Interested	Excited	Helpful	Used
Wanted	Mad	Needed	Hurt	Appreciated
Afraid	Different	Blessed	Thankful	Loved

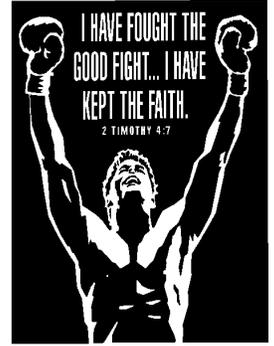
My Reflections on what I learned serving as the hands and feet of Christ on earth:

IV. Personal Growth Journal Resources

Part One: Baptismal Registration Record

Resource Instructions and Record

As Catholics all your Sacraments are permanently recorded on your individual permanent Baptismal record. This permanent record is maintained at the church where you were baptized, "Church of Baptism," unless you were baptized at a hospital or on a college campus. In these two situations your permanent record is maintained at either the closest Catholic church to the hospital or college or at your parents home parish. This form should be filled out by your **Parent**.



- Print or type entire Form. You may photocopy this form to type it, then staple your copy to this sheet.
- Staple a copy of your current Baptismal Certificate to this form, unless you have previously submitted a copy directly to the Office of Youth Ministry. **A copy of your Baptismal Certificate must be on file with the Office of Youth Ministry before you can petition for this Sacrament.**
- Carefully fill in **ALL** the information with 100% accuracy. Consult with your Church of Baptism or the internet to get all necessary details. This may involve actually calling your Church of Baptism.
- Complete and submit this form to your Confirmation team leader by the date requested. **If you have any questions or need assistance, contact your Confirmation team leader immediately.**
- Any missing information will prevent the Sacrament from being officially recorded on your permanent Baptismal record. Improper recording will create complications for you later in life should you seek to petition the Catholic Church for the Sacraments of Matrimony or Holy Orders.

Candidate's full name: (first, middle last) _____

Confirmation name: (eg John) _____

(The Bishop of Orange expects your Confirmation name to be your Baptismal saint's name. Refer to page 5 for complete explanation. Use only one name, e.g. John, not John Richard.)

Confirmation Saint's name: (eg John the Baptist) _____

(The Bishop of Orange expects your Confirmation saint's name to be your Baptismal saint's name unless you were not named after a saint. List the saint's full name excluding the title Saint.)

Candidate's Address: _____

City _____ State _____ Zip _____

Date of Birth: Month _____ Day _____ Year _____

Date of Baptism Month _____ Day _____ Year _____

Date of First Eucharist Month _____ Day _____ Year _____

Candidate's Church of Baptism: _____

Baptismal Church address: _____

City _____ State _____ Zip _____

Country: _____

(Complete address, city, state, zip & country is vital. Record sent U.S. mail to the Church of Baptism)

Father's Full Name: (first, middle, last) _____

Mother's Full Name: (first, middle, last) _____

Mother's Maiden Name: (first, middle, last) _____

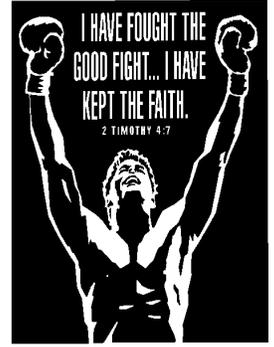
Sponsor's Full Name: (first, middle, last) _____

Sponsor's relationship to candidate (eg. godparent, uncle, aunt) _____

IV. Personal Growth Journal Resources

Part Two: Confirmation Sponsor Reflection

Instructions and Reflection Sheet



- This sheet should be completed immediately after you chose your sponsor and no later than the end of your third month of preparation.
- Print** your name, Confirmation name and the full name of your Confirmation sponsor.
- Complete your part of the reflection sheet thoughtfully.
- Make arrangements for your sponsor to review and complete their portion of this sheet. If your sponsor lives locally, arrange to meet them to fill in their reflection. If your sponsor is outside the local area, Xerox/scan this form and mail or email the copy to them for their comments. Staple their response to this page in the journal.
- Show the completed sheet to your Confirmation team leader to sign.

Candidate's Full Name: _____ Confirmation Name: _____

Sponsor's Full Name: _____

Relationship of Sponsor to Candidate: _____
e.g. Uncle, Aunt, Godparent, Grandparent, friend. Canon Law prohibits parents from being sponsors

Confirmation Team Leader Signature: _____

Candidate's Reflection: Why I selected this person to be my Confirmation sponsor:

Sponsor's Reflection: Why I said "yes" to being my candidate's sponsor:

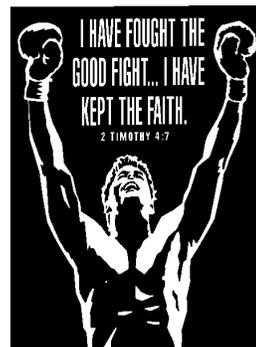
Sponsor's Reflection: What Catholic faith growth have I witnessed in my candidate:

IV. Personal Growth Journal Resources

Part Three: Letter to the Bishop

Resource Instructions

- Months prior to the end of your Confirmation journey you will prepare a personal letter to the Bishop of Orange, who will be confirming you. The Bishop reads each and every letter he receives and comments on them during the Confirmation liturgy.
- To assist you, we have included a list of points below and a “Prompt” sheet on the next page.
- Carefully reflect on these points then TYPE a draft of your letter using the “Prompt” sheet. The draft should be typed on ONE page of 8 1/2 x 11 paper with margins 1” top, 1”bottom, 1” left and 1” right in 12pt font ONLY using either Arial or Times New Roman fonts.
- Have your Parent review your English, spelling and all points on p.61. Then have your parent Sign your draft before giving it to the Confirmation team.
- Insure your final letter does NOT exceed ONE typed page before signing it with your full name, first middle and last name.
- All letters from the parish candidates are sent together to the Bishop of Orange by the Office of Youth Ministry.



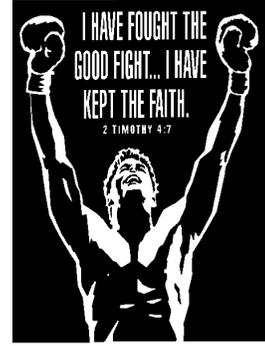
List of Points to Include in Your Personal Letter to the Bishop of Orange:

1. Begin by introduce yourself with your full name, school and grade. State the full name of our parish, St. Elizabeth Ann Seton Catholic Parish, where you will be a candidate to receive the Sacrament of Confirmation. Do not abbreviate the parish name because the Bishop is not familiar with SEAS.
2. State your Confirmation saints name and what attributes of your saint you want to emulate.
3. Explain why you want to be confirmed as a Catholic into our parish community.
4. Mention one important aspect of your faith that you have learned more about during your journey years. Then explain why this aspect of your faith is important to you. For example, “I learned about Jesus’ unconditional love and it changed the way I love others.”
5. Describe one of your Christian Service projects and explain what impact it had on you. For example, if you delivered Christmas trees as one of your service projects, you might respond “I saw the face of God in the joy I saw on the people’s faces as I shared my time with those less fortunate.”
6. Complete this sentence: *“As a fully initiated Catholic adult, my responsibilities will be ...”*
7. Using the Confirmation Gospel, answer ONE of these questions:
 - The gospel message of ... says to me....
 - The gospel message of ... applies to my life because....
 - The gospel message of ... challenges me in today’s world to...
8. Thank the Bishop for the opportunity for this faith journey at our parish. Thank also by name all those who have made an impact on your Confirmation journey, parents, friends, teachers, student leaders, etc.

IV. Personal Growth Journal Resources

“Prompt” Sheet for Letter to Bishop

Fill in the blanks to prepare your draft letter. They type your draft on 8 ½ x 11 paper. Have your parent review, approve and sign your letter, prior to Confirmation Team leader review. Once approved by Confirmation Team type your final letter and sign it with your full name.



Dear Most Reverend _____

Your Name: _____

Your school and grade: _____

Parish (complete name): St. Elizabeth Ann Seton

My Confirmation Saints Name and the qualities he/she exhibits that I want to emulate.

Why I want to be confirmed by you into the Catholic faith of my parish:

One or more specific aspects of my faith that I learned about during my journey:

One Christian Service project that had an important impact on me was:

As a fully initiated Catholic adult, my responsibilities will be:

Using the Confirmation Gospel, answer ONE of these questions:

The gospel message of ... says to me....

The gospel message of ... applies to my life because....

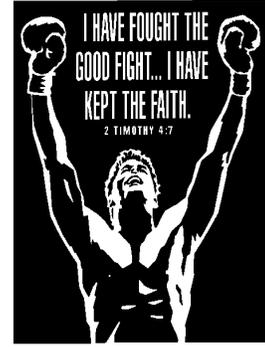
The gospel message of ... challenges me in today's world to...

Thank the Bishop for taking time to read your letter and thank by name anyone who has made an impact on you during your Confirmation faith journey.

Draft approved, Confirmation team leader signature: _____

IV. Personal Growth Journal Resources

Part Four: Personal Interview Record Resource Instructions and Form



- One month prior to the date of your Sacrament you will be asked to participate in a personal interview with a priest or his representative and members of the Confirmation team.
- During your interview, you will be asked to discuss your decision to petition your parish for the Sacrament of Confirmation, describe some of the noteworthy experiences you undertook during your journey, explain how you will continue to assist at the parish.
- To petition your parish to receive the Sacrament of Confirmation you must submit to your Confirmation team leader this entire completed journal with all pages properly filled out and signed.
- Completed journals must be submitted two months prior to the parish's date for the Sacrament of Confirmation.
- No candidate will be allowed to schedule an interview without submitting a completed journal.
- Record your Confirmation liturgy date and celebrant
- Record the date you are submitting this completed journal
- Record your scheduled interview date, time and the name of your interviewer.

Candidate's Name: _____

Confirmation Name: _____

Sponsor's Full Name: _____

Date of Confirmation: _____

Bishop Confirming Candidate: _____

Church of Confirmation: _____

Candidates Signature: _____

Parent Signature: _____

Confirmation Team Leader Signature: _____

Date Completed Journal Turned In: _____

Date of Interview: _____

Time of Interview: _____

Interview Location: _____

Interviewer: _____

Additional Journal Resources

Open Reflection Sheet



Journey Component: _____

Additional Journal Resources

Open Reflection Sheet



Journey Component: _____

Additional Journal Resources

Open Reflection Sheet



Journey Component: _____

Additional Journal Resources

Open Reflection Sheet



Journey Component: _____

Additional Journal Resources

Open Reflection Sheet



Journey Component: _____

Additional Journal Resources

Open Reflection Sheet



Journey Component: _____

Additional Journal Resources

Open Reflection Sheet



Journey Component: _____

Additional Journal Resources

Open Reflection Sheet



Journey Component: _____

Additional Journal Resources

Open Reflection Sheet



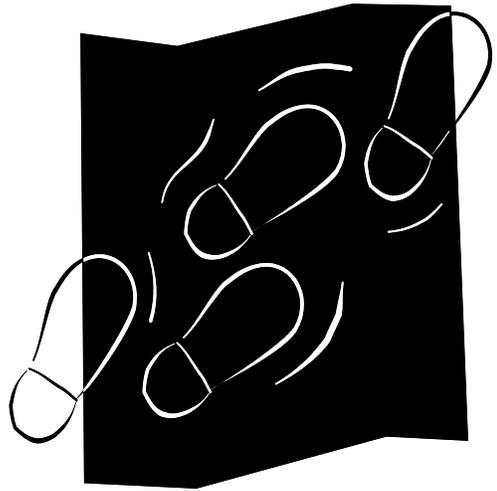
Journey Component: _____

Additional Journal Resources

Open Reflection Sheet



Journey Component: _____



This Page Intentionally
Left Blank For Your Reflections.

This Page Intentionally
Left Blank For Your Reflections.

